

JOB POSTING: Registered Dietitian

Permanent, Part-Time
0.1-0.2 FTE

APPLY BY EMAILING: info@nutritionrx.ca attention: Jennifer Broxterman, RD

POSTING DATE: March 4, 2022

DEADLINE TO APPLY: March 22, 2022 @ 5:00pm

COMPENSATION:

- **\$50-\$75** per 60-minute initial assessment
- **\$35-\$48** per 45-minute follow-up session
- Pay determined by experience level and positive client feedback
- Year-end financial bonuses provided
- Prep + digital charting time included as part of compensation rates per client visit (~ 5-15 minutes per client)
- This is an employment position, not contract work, with paid vacation, CPP, and EI contributions provided by the employer

ABOUT THE COMPANY

[NutritionRx](#) was founded in 2011 by Registered Dietitian Jennifer Broxterman, and is a London, Ontario-based wellness clinic that offers professional nutrition counselling services to individuals, groups, sports teams, and organizations. We see hundreds of clients each year, and we are committed to helping individuals achieve their nutrition, health, and performance goals through expert nutrition advice.

Our nutrition coaching philosophy is centred around a *whole foods, non-dieting, all foods fit* mindset to help our clients improve the relationship they have with food, exercise, and body image. We strive to always take a supportive and non-judgmental approach with each person we work with, helping to meet our clients where they are at, while guiding the way by coaching healthy habits that can be maintained for the long-run. Motivational interviewing is an essential core skill set to the nutrition work we do.

We support our clients in living **happy, healthy, and balanced lives**, and we're looking for the right Registered Dietitian who shares our values to join our mission and help even more people!

JOB SUMMARY

Our team is ready to expand, and we're looking to hire a motivated and inspiring Registered Dietitian who wants to counsel clients **part-time 1-2 half days per week**. The Registered Dietitian will be responsible for counselling adult clients (ages 18+) 1-on-1 in a private practice setting to support various nutrition goals, such as:

- healthy eating
- improved body composition
- athletic performance
- pregnancy & breastfeeding
- recovery from disordered eating & yo yo dieting
- vegan/vegetarian nutrition
- food allergies & intolerances
- management of digestive & chronic diseases

A weekly schedule will be set by the candidate and owner of NutritionRx, with flexible working hours to pick from (morning, afternoon, evening, and weekend options available).

CORE RESPONSIBILITIES

- Participate in 1-on-1 client nutrition counselling sessions as a Registered Dietitian in an engaging and supportive manner
- Complete initial nutrition assessments, calculate and adjust macro- and micro-nutrient estimated requirements, chart appropriately as per professional guidelines, and help each client set appropriate goals to work towards their overall nutrition care plan and desired success
- Complete mentoring coaching calls with students in our online Nutrition Coaching Course
- Administrative tasks such as booking client appointments, answering emails, and preparing insurance receipts
- Embody a non-dieting, behaviour change coaching mindset with counselling skills rooted in motivational interviewing
- Supervise, train, and mentor staff and undergraduate nutrition student volunteers
- Outstanding communication skills (verbal, written, emotional intelligence)
- Help establish and implement NutritionRx policies, goals, key objectives, and operating procedures to ensure efficient and effective operation of the business

OUR “MUST HAVES”

- **Must be available to work with 3-8 clients per week** on a weekly set schedule mutually determined by the candidate and the business owner
- Counselling experience and proficiency in helping others through lifestyle behaviour change
- Passion for coaching and helping others succeed
- Excellent active listening skills
- Ability to be self-directed and work with minimal supervision
- Excellent speaking, writing, and emotional intelligence skills
- A love for learning, continuing education, and self-improvement
- Must like dogs: we have a well-behaved, friendly black lab named [Carly](#) who hangs out at the office and loves all people



WORKING CONDITIONS / SPECIAL REQUIREMENTS

- **Mostly in-person work:** 80 Grand Avenue, London, Ontario N6C 1L7
- **Some virtual work:** via video counselling, where you can work from home, or choose to come in and work from our physical office
- Some travel may be required, for example, to deliver nutrition talks in the community
- G Class Driver’s License is beneficial
- **Must be fully vaccinated (COVID vaccine):** we work with many vulnerable populations, including high risk eating disorders, cancer patients, older clients, etc., and this is a mandatory health and safety requirement to work at our clinic

QUALIFICATIONS

Essential:

- Accredited undergraduate degree in nutritional sciences or closely related topic
- Accredited Registered Dietitian title
- Valid registration with the College of Dietitians of Ontario (membership # required)
- Valid liability insurance (proof of insurance required)

Preferred:

- Masters Degree in Nutrition or Coaching
- Continuing education in various topics related to nutrition, eating disorders, digestive diseases, sports nutrition, and behaviour change

HOW TO APPLY

Interested applicants should submit the following by email (info@nutritionrx.ca):

- Cover letter
- Resume
- References (minimum of 2)
- College of Dietitians of Ontario Membership #
- Scan of valid liability insurance

DEADLINE TO APPLY

Tuesday March 22, 2022 @ 5:00pm

We are looking to fill this position quickly, and interviews will begin right away, including before the application deadline. For the best chance of success, please apply quickly if this position interests you.