

Position Title: Registered Dietitian, 12-Month Contract

Contract Length: 12 months, with option to extend upon successful completion of contract

Wage: Commensurate with experience, between \$30-\$55 per client appointment

- complimentary unlimited online & in-person gym membership at CrossFit London is included as part of your compensation package
- free on-site parking, no union dues

Posting Date: May 18, 2021

Application Deadline: May 26, 2021 @ 5:00pm

Apply by Emailing: info@nutritionrx.ca attention: Jennifer Broxterman, RD

About the Company

[NutritionRx](#) was founded in 2011 by Jennifer Broxterman, and is a London, Ontario-based wellness clinic that offers professional nutrition counselling services to individuals, groups, sports teams, and organizations. We see hundreds of clients each year, and we are committed to helping individuals achieve their nutrition, health, weight loss, and performance goals through expert nutrition advice.

Our nutrition coaching philosophy is centred around a *whole foods, non-dieting, all foods fit* mindset to help our clients improve the relationship they have with food, exercise, and body image. We strive to always take a supportive and non-judgmental approach with each person we work with, helping to meet our clients where they are at, while guiding the way by coaching healthy habits that can be maintained for the long-run. Motivational interviewing is an essential core skill set to the nutrition work we do.

We support our clients in living **happy, healthy, and balanced lives**, and we're looking for the right Registered Dietitian who shares our values to join our mission and help even more people!

Job Summary

Our team is ready to expand, and we're looking to hire a motivated and inspiring Registered Dietitian who embodies health and wellness in their professional and personal life. The Registered Dietitian will be responsible for counselling clients 1-on-1 in a private practice setting to support various client goals, such as:

- weight loss
- healthy eating
- athletic performance
- healthy pregnancy
- recovery from disordered eating & yo yo dieting
- vegan/vegetarian nutrition
- food allergies & intolerances
- the management of digestive & chronic diseases

The Registered Dietitian needs to be a keen and effective worker who will treat NutritionRx like their own and will deliver exceptional value and results to our clients. The position will start off with a part-time, 12-month contract, with the following **weekly schedule: (*subject to change based on clinic needs)*

- Monday (up to 6 clients): 8:30am, 9:45am, 11:00am, 4:15pm, 5:30pm, 6:45pm (weekly)
- Tuesday (up to 6 clients): 8:30am, 9:45am, 11:00am, 1:30pm, 2:45pm, 4:00pm (weekly)
- Wednesday (up to 3 clients): 5:00pm, 6:15pm, 7:30pm (weekly)
- Friday (up to 5 clients): 9:00am, 10:15am, 11:30am, 2:00pm, 3:15pm (weekly)
- Saturday (up to 3 clients): 9:00am, 10:15am, 11:30am (1x/month)

Upon successful completion of the 12-month contract, there will be an opportunity to expand into a part-time to full-time, permanent role based on proven performance and organizational growth.

Core Responsibilities

- Participate in 1-on-1 client nutrition counselling sessions as a Registered Dietitian in an engaging and supportive manner
- Complete initial nutrition assessments, calculate and adjust macro- and micro-nutrient estimated requirements, chart appropriately as per professional guidelines, and help each client set appropriate goals to work towards their overall nutrition care plan and desired success
- Complete mentoring coaching calls with students in our online [Two-Brain Nutrition Coaching Course](#)
- Administrative tasks such as emailing clients, preparing receipts, photocopying nutrition resources, and filing paperwork
- Some social media and website article writing support
- Embody a non-dieting, behaviour change coaching mindset with counselling skills rooted in motivational interviewing and client-centred goal setting
- Supervise, train, and mentor staff and undergraduate nutrition student volunteers
- Outstanding communication skills (verbal, written, emotional intelligence)
- Help establish and implement NutritionRx policies, goals, key objectives, and operating procedures to ensure efficient and effective operation of the business

Our “Must Haves”

- **Must be available to work flexible, rotating hours** (some mornings, afternoons, evenings, and weekends)
- Counselling experience, and proficiency in helping others through lifestyle behaviour change
- Passion for coaching and helping others succeed
- Excellent active listening skills
- Ability to be self-directed and work with minimal supervision
- Excellent speaking, writing, and emotional intelligence skills
- A love for learning, continuing education, and self-improvement
- Must like dogs (we have a well-behaved, friendly black lab named [Carly](#) who hangs out at the office and loves all people)



Working Conditions / Special Requirements

- **During the pandemic:** virtual work (video and telephone) nutrition counselling with clients. You can work from home, or choose to come in and work from our physical office.
- **As it is safe to return to in-person work:** Office environment (with masks, Plexiglas barrier), located at 523 First Street, London, Ontario, Canada
- A mixture of virtual and in-person work will likely continue *indefinitely* with the pandemic climate
- Some travel may be required
- G Class Driver’s License is beneficial
- **Must be vaccinated or willing to receive the COVID vaccine when eligible** (we work with many vulnerable populations, including high risk eating disorders, cancer patients, older clients, etc., and this is a mandatory health and safety requirement to work at our clinic)

Qualifications

Essential Education:

- Accredited undergraduate degree in nutritional sciences or closely related topic
- Accredited Registered Dietitian title
- Valid registration with the College of Dietitians of Ontario (membership # required)
- Valid liability insurance (proof of insurance required)

Preferred Education:

- Masters Degree in Nutrition or Coaching
- Continuing education in coaching clients through weight loss, eating disorders, digestive diseases, sports nutrition, and behaviour change

How to Apply

Interested applicants should submit the following by email (info@nutritionrx.ca):

- Cover letter
- Resume
- References (minimum of 2)
- College of Dietitians of Ontario Membership #
- Scan of valid liability insurance

Deadline to Apply

Wednesday May 26, 2021 @ 5:00pm

We are looking to fill this position quickly, and interviews will begin prior to the application deadline. For the best chance of success, please apply quickly if this position interests you.