



FAQs: Insurance Receipts

Do you provide insurance receipts?

Yes we do! As Registered Dietitians, we have a registration # with the *College of Dietitians of Ontario* printed on every receipt. We unfortunately cannot direct bill your insurance company on your behalf, but upon receiving payment, we are happy to provide you with 2 different types of insurance receipts you can submit for reimbursement.

- **Health Spending Account Insurance Receipt (1 Superbill):** Once payment in full is received, we can provide you with one master bill showing your entire nutrition package and the price breakdown. Some insurance companies work off of a "Health Spending Account" format (i.e. \$500 or \$1000 per year of coverage), and will accept 1 superbill for reimbursement.
- **Proof-of-Attendance Insurance Receipts (Individual Appointment Receipts):** Alternatively, many insurance companies require "proof of attendance" insurance receipts, where we must provide a receipt with our RD licence # validating that you showed up for each nutrition session in your pre-paid package. We are happy to provide these receipts at each appointment.
- **Following STRICT provincial healthcare laws**, each insurance receipt will be labelled with the following:
 - the RD's licence #
 - a description of the **exact service provided**
 - the **exact date** of the nutrition counselling session
 - the **exact consulting fee** breakdown per hour
 - **TO BE VERY CLEAR:** Absolutely **no modifications** to this format can be made, i.e. we cannot change the date you attended an appointment to try to "use up" your benefits coverage before the calendar year ends, nor can we adjust the \$ amount of the nutrition counselling sessions to better match your individual insurance policy coverage.
- **Please check with your individual insurance provider in advance** if you have any questions about how your personal health benefits work, as each company is different.

